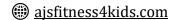


# AJ's **Gymnastics**





ajsfitness4kids@gmail.com & 214-274-4453



### WHY AJ'S GYMNASTICS?

AJ's Gymnastics provides a safe and non-competitive fitness and gymnastics environment promoting safe and healthy exercise for all ages. The equipment, games and classes are adjusted according to your child's age and ability allowing your child to develop his or her...



Coordination



**Strength** 





**Endurance** 



Confidence Agility



### Who, What, When, Where, How?

Who can Enroll? 2 yrs - 12 yrs Boys & Girls (Small Group or Private Classes)

What to Wear? Tennis shoes, t-shirt & shorts/leggings/sweats (NO DRESSES, SANDALS, OR CROCS)

Where are Classes? AJ's Location 6812 Wedgestone Dr., Plano, TX 75023

When are Classes? See Enrollment Page

How to Sign-Up? Fill out permission to participate, enrollment form, waiver release, and return with payment to reserve your child's space.

### **Permission To Participate**

Child's Name		_ D.O.B	School/Classroom
Parent's Name			
Mom cell	_ Dad cell		
Address		·	
City		Zip	
Email (print clearly)			

#### **Permission to Participate:**

My child has permission to participate in "AJ's Gymnastics" program. I understand the class times & that I am responsible for the tuition plan checked on enrollment page. I understand that my child's picture/video may be used in advertisement materials for Al's Fitness 4 Kids. I also understand that all fees paid are non-refundable and my enrollment for the following session will automatically renew unless given a 30 day written notice.

Parent's Signatur	2	Date:

## **AJ's Gymnastics Enrollment Form**

sign waiver/release and return via ajsfitness4kio	ds@gmail.com or text (214) 274-4453.		
Check Day Preferred: Monday Tuesda	y Wednesday Thursday		
Private Class Time: private classes (call	or text to schedule: (214)274-4453		
Small Group Class Times: PM 4:00 4:40	05:206:00		
Cost: Group Fall: \$305 Payment Options:  Cost: Group Spring: \$380 Prive Zelle (214-274-4453)	· · · · · · · · · · · · · · · · · · ·		
WAIVER, RELEASE, HOLD HARMLESS AND INDEMNITY AGREEMENT			
AJ's Gymnastics and Education, its affiliates, employe (collectively the "Provider Parties") shall have no liabili name] or his/her spouse and child(ren) (hereinafter co resulting from any personal injury, loss of life, or loss of limitation loss of use thereof (hereinafter "Loss"), suffe other than the Provider Parties arising from or caused swimming, or other ancillary or related activities (the "F6812 Wedgestone Dr, Plano, TX, 75023 (the "Property hereby forever release and hold harmless, for himself/minor child or children of Customer registered for the Frecovery of any kind or nature that he/she and/or such future against the Provider Parties for any such Loss. This limitation of liability applies to any Loss arising from related to the Program at, in or near the Property, inclusing the use or occupancy of or condition(s) of the Property use of the Property for the Program, whether express LOSS ARISES OUT THE PROVIDER PARTIES 'SOLOF ANY STANDARD OF STRICT LIABILITY. This limitany contract or agreement between the parties. Customer represents that he/she is (i) authorized to bis bind prior to the occurrence of any Loss), for himself/h person is a parent or guardian, all persons, agents, en acquiring in the future any actual, implied, legal or equal the use of the Property to the obligations, agreements AGREED:	[insert customer's llectively "Customer") for any loss, cost or expense of or damage to personal property, including without red or incurred by Customer or any person or party in whole or in part by any and all gymnastics, Program") undertaken by Customer while on or neary"). Customer, by his/her signature below, does therself as well as any spouse and participating Program, and does hereby waive all rights of a spouse and child(ren) may have now or in the symmetry or implied, by statute or in tort, WHETHER SUCH E OR CONCURRENT NEGLIGENCE OR BREACH itation will survive the expiration or termination of and by his/her signature below does bind (or will erself, a spouse, and any child(ren) for whom such inployees, invitees, or entities currently having or initable interest in participation in the Program and/or		
Signature of Customer	_		
Printed Name:	Date:		
Student(s) Name(s):	Age		
	Ago		

# AJ's Gymnastics Schedule

AJ's gymnastics classes have designated days off throughout the year. Please see the days listed below for Fall 2022 and Spring 2023.

#### Fall 2022 (September 12 – December 16)

No class held during the following dates:

Sept. 28 – Oct. 4 (Fall Break) Nov. 21 - 25 (Thanksgiving)

Dec. 19 – Jan. 4. 2023 (Winter Break)

### **Spring 2023 (January 4 – May 19)**

No class held during the following dates:

Jan. 16 (MLK Holiday) March 6 - 10 (Spring Break) May 22 (Summer Swim Begins)

### AJ's What to Know Before You Go

Address: 6812 Wedgestone Dr, Plano, TX 75023

- 1. Park on the same side of the street as the house.
- 2. Have children dressed and ready with shorts, t-shirt or flexible & fitted clothing. Gym/tennis shoes are required (NO sandals or Crocs).
- 3. I'll expect all parents to be very alert to how your child feels each day and NEVER BRING A CHILD WHO HAS BEEN SICK WITHIN 24 HRS OF CLASS OR IS FEELING SICK! This includes: FEVER, DIARRHEA, VOMITING, UNCONTROLLED RUNNY NOSE & COUGH. Please call me if you need to cancel for the day. If your child misses class due to illness, I will do my best to make it up (not guaranteed).
- 4. We have a responsibility to each other to keep safe & be safe.
- 5. Once inside the house, I will take children upstairs to class. At this point, you have the choice to sit outside by the pool or leave and pick up at end of class. If you leave, you MUST COME BACK INSIDE TO PICK UP CHILD. I will not be able to walk them out to your car.
- 6. Bring Water bottle with name clearly marked.
- 7. Girls hair must be up in a bun or braided. Clips to keep bangs out of eyes.
- **8.** Class ends promptly and I will bring them downstairs to you. If you choose to leave during class, you MUST BE ON TIME FOR PICK UP.
- 9. I highly recommend to use this time to run an errand or do something for yourself!

#### AJ's OFFERS OTHER GREAT PROGRAMS

**SWIM LESSONS:** Private OR Small Group (Infants – Adult)

TUTORING: Reading, Math, Writing, Sciences, and More (3 YRS – 12 YRS)

**PARENTING CLASSES:** Offering positive, natural, and logical solutions.

For more information and scheduling, contact Amy Blair:

(214) 274-4453

https://www.ajsfitness4kids.com

Ajsfitness4kids@gmail.com